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# ATHLETIC HANDBOOK

## Athletic Theme Verses

### Colossians 3:23

“Whatever you do, work at it with all your heart, as working for the Lord, not for men.” (NIV)

### 1 Corinthians 9:25

“And everyone who competes in the games exercises self-control in all things. They then *do it* to receive a perishable wreath, but we an imperishable.” (NASB)

### Philippians 4:13

“I can do everything through Him who gives me strength.” (NIV)

## Mission Statement

It is the mission and purpose of the Northside Christian Academy Athletic Program to serve as partners with students and parents in providing a positive athletic experience consistent with biblical truth, using athletic involvement as a tool to teach lessons for life.

## Purpose and Individual Objectives of Athletics at NCA

1. The overall purpose of the athletic program at NCA is to do our best (Colossians 3:23a) for the Lord (Colossians 3:23b). The first part is our **action**, and the second is our **motivation**. The end result will ultimately be to bring honor and glory back upon the Lord Jesus Christ by:
  - a. Providing instruction in the use of the body to reflect the glory of God through sports.
  - b. Applying the principle of the “well-rounded” person illustrated in Luke 2:52 (mental, physical, social and spiritual) through the integration of academics, athletics and social activities.
  - c. Promoting the biblical definition of “winning.”
    - 1) Doing our best (action - Colossians 3:23a) for God's glory (motivation -Colossians 3:23b).
    - 2) Physical winning (scoreboard) - “Run in such a way as to get the prize.” (1 Corinthians 9:24)
    - 3) Acknowledging God in all areas (win or lose). Leaving the results in His hands. (1 Thessalonians 5:18).
    - 4) Praying for His guidance in striving to be a true winner. (Philippians 4:13).
    - 5) Athletic success: “The confidence that comes from knowing that one did his very best to the glory of God.” (Ivan Schuler)
  - d. Involving the student body, parents, faculty and staff in developing school unity and spirit.
  - e. Maintaining a clear Christian testimony to opposing schools, officials and others in the public with whom we make contact through our words and actions.
2. Individual Players’ Objectives to be Developed
  - a. Development of the physical body through the varied abilities granted to each individual athlete.
  - b. Development of the attributes of God which include integrity (2 Corinthians 8:21), self-control (Proverbs 25:28), obedience (Ephesians 6:5), humility (Luke 18:14), love (Galatians 6:10), dedication (Proverbs 20:6), self-denial (Philippians 2:4), patience (Colossians 3:12-13), forgiveness (Ephesians 4:32), thankfulness (Psalms 100:4-5), contentment (1 Timothy 6:6) and selflessness.
  - c. Application of good sportsmanship by the demonstration of the following:
    - 1) Self-control.

- 2) Respect for the officials at all times.
- 3) Knowledge, application and appreciation of the rules of the game.
- 4) Respect for the opposition at all times.
- 5) Recognition of an appreciation for skilled performance regardless of affiliation.

### **Effective Parent/Coach/Player Relations at NCA**

1. Love one another.  
 “A new command I give you: Love one another. As I have loved you, so you must love one another. By this all men will know that you are My disciples, if you love one another.”  
 (John 13:34-35)
2. Respect each other.  
 “Be devoted to one another in brotherly love. Honor one another above yourselves.” (Romans 12:10)
3. Pray for each other.  
 “On Him we have set our hope that He will continue to deliver us, as you help us by your prayers. Then many will give thanks on our behalf for the gracious favor granted us in answer to the prayers of many.” (2 Corinthians 1:10b-11)
4. With full recognition of and respect for parental responsibility under God, it must be kept in mind that, for athletic participation, parents have delegated the responsibility and authority for the young person to the coach. “Hands-on” delegation is not acceptable. There will be a direct/indirect impact on the young person if things like the following occur:
  - a. Parental coaching “from the stands”  
 This can only be detrimental. A coach needs the full attention and concentration of his players. During a practice or game, the athlete needs to demonstrate loyalty to the coach. Uninvited parental intervention during these times is a serious distraction and is detrimental to the program.
  - b. Parents negatively approaching the coach or their young person on the bench during the game, at half time or immediately after a game prior to the post-game team meeting.  
 A coach should be able to expect full support from both player and parent. If a parent wants to talk to the coach, he should call him/her the next day.
5. How do parents get their questions answered or give input?  
 Those parents desiring to have input should use the proper communication channels and procedures. If their concern/input is not heard or sufficiently responded to by the coach first, then they may proceed through proper channels by talking with the head coach of the particular sport, the athletic director, the school administrator, the school committee, and then the pastor in that respective order, until the matter has been handled satisfactorily. Proper deference should be shown toward the coach by scheduling an appointment with him/her to discuss concerns in private when he/she can offer you his/her undivided attention. The asst. principal and/or principal will not entertain most matters unless the parent has first gone to the primary coach where the problem lies.
6. Support is expected. It is reasonable to expect that any parent who has permitted his/her young person to come out for a team should be supportive of the coach. Well-placed constructive criticism given privately to a coach is welcomed, but simply airing negative opinions to others (including children) should not be done.

7. Each coach will have the full responsibility and authority to determine when players are entered into the games and for how long. His/her determination in this area will be made on the basis of what will best benefit the team as a whole. This does not mean that there will be absolutely no consideration given to the individual needs of a player, but it does mean that instruction and guidance on making a total team effort is of primary significance in this particular educational experience at Northside Christian Academy.
8. Parents are required to attend a pre-season meeting for each team in which your athlete(s) participates **and sign any required paperwork**. Team rules will be discussed, along with sizing and ordering of additional athletic apparel.
9. Parents must volunteer a minimum of 4 hours for any sport in which their child participates. This can be done by either working the gate or concession stand. You may opt out of this by paying a fee of \$10 per hour. **If the hours are not completed by the end of the season fees will be added to the student's account.**
10. NCA reserves the right to place the athlete on probation, suspend for all or part of a game/match, or dismissed from the team if the athlete or parent of the athlete if they are uncooperative or non-supportive of the NCA Athletic Program including but not limited to coaches, officials, volunteers. A parental conference would precede any dismissal.

## **Description of the NCA Athletic Program**

1. Affiliation
  - a. NCA is currently competing in the SouthEastern Christian Conference (SECC) and the Florida Christian Association of Private and Parochial Schools (FCAPPS). The SECC consists of Florida and Georgia private schools.
  - b. All athletic contests are operated under the rules and regulations governing that sport by the National Federation of High School Athletics, FCAPPS and the SECC.
  - c. All officials used in home games for NCA are currently certified by the National Federation of High School Athletics and/or the SouthEastern Christian Conference in that sport. NCA will never knowingly use an official who is uncertified in a sport. If an official who is affiliated with Northside Christian Academy will be used to officiate a home game, the opposing school will be notified 48 hours or more prior to the contest to provide for an opportunity to object.
2. Programs Offered Through the SouthEastern Christian Conference
  - a. Boys' Flag Football
  - b. Girls' Volleyball
  - c. Girls Cheerleading
  - d. Boys' Basketball
  - e. Girls' Basketball
  - f. Boys Baseball
  - g. Girls Fastpitch Softball
  - h. Co-ed Soccer

### 3. Athletic Facilities

God has made us the stewards of fine athletic facilities. It is necessary to keep these facilities in the best possible condition for longer service to our ministry. We ask all who use or enjoy our facilities to help keep them clean and maintained for God's glory. The following will give a description of the facilities and guidelines to follow in their use:

- a. Indoor facilities:
  - 1) Gymnasium
  - 2) Boys' locker room
  - 3) Girls' locker room
  - 4) Athletic equipment storage
  - 5) Physical education storage
  - 6) Multi-purpose/weight room
- b. Outdoor facilities:
  - 1) Football field
  - 2) Softball field
  - 3) Athletic equipment storage
- c. Facilities/field/equipment care:
  - 1) All damage to facilities or equipment should be reported to the principal/athletic director as soon as possible.
  - 2) No athlete will be allowed in the athletic offices or in the equipment storage areas without the consent of the athletic director or a coach.
  - 3) All equipment/facilities shall be handled with the utmost of respect (no hanging on rims/nets, backboard braces, soccer goals; no sitting on balls, etc.)
  - 4) There will generally be no food or drinks allowed in the gym (special circumstances may allow food and drinks when seating is provided behind the teams' benches). Exclusions would include Northside Baptist Church functions and home athletics games.
  - 5) When participating in athletic events, physical education classes or general playtime, athletic-type shoes with non-marking soles must be worn. When passing through the gym for other reasons than a structured, supervised activity, those wearing street shoes should walk around the outside of the marked basketball courts.
  - 6) Use of equipment should be limited to the sport for which it is intended.
  - 7) **Students are required to complete a Weight Room waiver form before using weight room.**
  - 8) All equipment should be returned to the proper storage area after use.
  - 9) Uniforms are to receive the utmost of care. Any damage to or loss of uniforms will be the responsibility of the athlete to whom it was issued. Uniforms are to be cleaned after each game. The coaches will determine and inform students what method of cleaning is to be used.
  - 10) Clean uniforms are to be turned in after the last game of the season to the head coach. The student's school account will be billed for any uniform, in whole or in part, not turned in.
  - 11) No student is allowed to play in the gymnasium or on the athletic fields during school or after school hours without adult supervision and approval given by a coach or the athletic director. Students are not to use rear or side exit doors of the Family Life Center, except under direction of NCA staff.
  - 12) Any athlete involved in the damaging of any athletic equipment will pay for the repairs and may receive a one-game suspension.
- d. Locker room conduct
  - 1) Locker rooms are to be left clean after each practice session.

- 2) There shall be no horseplay in the locker rooms at any time. This can lead to injury or damage to property.
- 3) All personal items are the responsibility of the individual athlete. Valuables should be kept locked in the lockers. The school will not be held responsible for valuables left in the locker room.
- 4) No glass containers of any kind should be brought into the locker rooms.

## **Athletic Eligibility**

1. Academic eligibility is determined on a quarterly basis. In order for a student to be deemed eligible, he/she must carry a minimum of a 2.0 Grade Point Average in core academic classes on a 4.0 scale the previous quarter. **Students are also not allowed to have an F in core academic classes. Core classes are as follows: Bible, Math, English, Science, and History.**
2. Must be in attendance for at least 90% of scheduled school days (this only allows for 5 unexcused absences in a 9 week period).
3. Principal Discretion: The Principal has the right to declare any student eligible or ineligible based upon circumstances. Should the Principal feel that a student is falling behind in his/her work in the off-season, a review of the student's grades and progress will be conducted. This review could result in ineligibility status for that student if progress is not consistent throughout the course of the school year. This will be determined by the Principal.
  - We strive to have Christian Student Athletes – with our children being students first and athletes second. Because of this, NCA evaluates its eligibility requirements each year in order ensure that our standards are high enough to meet this goal.
4. Initial eligibility for extracurricular activities is based on the previous quarter's work. Academic eligibility for tackle football, flag football, cheerleading and volleyball will be determined by the last quarter of the previous school year. Athletes who fall below the above-stated requirements will be declared ineligible. Athletes may be reinstated after the next report card if they meet all requirements for athletic participation.
5. The principal/athletic director will check the progress reports and the report cards of athletes at each reporting period. Checks will not only be made for eligibility, but also for those athletes who are border line in their grades. Parents whose students who are in danger of being declared ineligible will be notified in writing at progress report time.
6. Students who fail to meet the eligibility requirements in the fourth quarter may be required to attend summer school to meet these requirements. Students may be required to attend one or both summer sessions to meet this requirement.
7. Age Limitations
  - a. Our athletics programs begin in 4<sup>th</sup> grade. For many reason, including safety and availability, age/grade limits may be enforced for specific sports.
  - b. A student must be less than 19 years, 9 months old to participate in activities.

8. **Attitude:** If the athletic director and/or coach determine that an athlete is not demonstrating a positive overall attitude, or if that coach receives input from academic teachers that a lack of effort is being demonstrated in the classroom, the student may either be put on probation, suspended for all or part of a game/match, or dismissed from the team. A parental conference would precede any dismissal.
9. An athlete will forfeit athletic participation upon receiving his/her sixth detention.
10. At a pre-season meeting with the parents, each coach will ask for the parents' cooperation and help in supporting the athletic goals in academics. If a parent has higher academic expectations of his/her child than the stated school requirements, then that parent should let the coach know the expectation in advance so that the coach can fully support that parent in his/her efforts.
11. No athlete will be allowed to participate in an athletic contest at NCA until a copy of an official birth certificate is on file. The official birth document must meet the following criteria:
  - b. It must be an original certified document.
  - c. It must be obtained from the state, county, or city government in which the student was born.
  - d. It must include the given and surnames.
  - e. It must be legible and unaltered.
12. No athlete will be allowed to participate in an athletic contest at NCA until the NCA Athletic Handbook Acknowledgement Form has been signed and returned. It is essential that parents and students read the requirements and guidelines for athletic involvement at NCA.
13. No athlete will be allowed to participate in an athletic contest at NCA unless a current physical examination is on file in the school office. Athletes must have a physical examination every 12 months (see "Athletic Physicals").

### **School Attendance**

1. All athletes are expected to abide by attendance requirements in the NCA Parent/Student Handbook.
2. All athletes should be in attendance at least 3 ½ hours on the day of a game or practice in order to participate that afternoon or evening. A student will be counted absent from first hour after 8:35 a.m. Exceptions may be granted to this policy if the absence was due to a doctor's appointment (doctor's note required) or was pre-arranged with the principal.
3. If an athlete is too sick to come to school, then he/she is too sick to practice or play. However, a doctor or dentist appointment is excusable on the day of a game or practice, as is any absence that was pre-arranged with the school principal.
4. Athletes returning late from a game will not be excused for any tardiness or from assignments or tests given the following day. Under certain circumstances the athletic director or principal may make exceptions to this policy. Students who are absent 2 or more times on the day following an athletic competition may be suspended for all or part of the following game.
5. Each athlete is responsible for assignments missed when athletic travel requires absence from a particular class. (If possible, students are encouraged to check with teachers for assignments prior to "away" trips.)

6. Any athlete with excessive absences/tardies (as defined in the Parent/Student Handbook) in a quarter may not miss an academic class to participate athletically. A student with ten or more unexcused absences during the current or previous semester may not try out for a team. He/she may also be removed from a team of which he/she is currently a member. Exceptions to these rules must be made by school administration.

## **Guidelines for Away Trips**

### 1. Conduct

- a. All athletes are representatives first of our Lord Jesus Christ, second of their parents and family, and third of Northside Christian Academy and the athletic department. This responsibility should not be taken lightly.
- b. Athletes are expected to conduct themselves like ladies and gentlemen at all times, on and off the field or floor.
- c. There is to be no screaming or yelling on the buses or vans. Keep hands and feet inside the windows at all times. Standing and moving around on the buses should be minimal.
- d. Electronic equipment will be allowed to be used on the vehicles on the way to and from athletic trips. Once the team arrives phones and other electronics must be put away.
- e. Seating arrangements for away trips, unless otherwise instructed, will be girls in the front of the bus, boys in the back; one seat on each side will remain open for equipment and/or coaches.
- f. It is policy that teams ride/sit together on the vehicles on the way to a game.

### 2. Dress

- a. We are representing Christ and NCA. Take pride in your personal appearance and look sharp **at all times!**
- b. The dress code for away trips will be: 1) school dress for that day, or 2) athletics uniforms.
- c. Athletes may change after athletic competitions, but modesty and neatness should be kept in mind. Shirts that are changed in to must be an NCA shirt. NCA staff reserves the right to determine clothing as immodest or substandard.
- d. Student dress at athletic events and Sports Banquets should be consistent with school policy.

### 3. Vehicles

- a. Buses and vans are to be cleaned after every trip. This is the responsibility of every athlete who rides on these vehicles.
- b. Always be courteous to the driver.
- c. Any damage done to vehicles from horseplay or carelessness will be the financial responsibility of the individual(s) who caused the damage.

### 4. Return Trips

- a. It is the **strong** preference of the school that athletes do not ride home with anyone other than parents.
- b. If it is necessary to ride with someone other than parents (must be another parent or family member), a written parental note must be given and approved by the athletic director prior to departing from NCA.
- c. If parents will be transporting their child(ren) home after an away game, the parent must speak with the coach in person and sign the child out with the coach before leaving from the sporting event/restaurant.

## **Playing Time Policy**

1. Junior varsity level - the coach will choose a starting team for each game and play the best players. Substitutions will be made as much as possible, while remaining competitive.
2. Varsity level - the coach will choose a starting team for each game and play the best players. These players are chosen on ability and performance at practices, performance in games and cohesiveness of starting team. Substitutes will be played when an injury occurs, when a player is tired or not performing well, and when the outcome of the game is out of question. This will always be at the discretion of the coach.
3. Quitting: Students will not be allowed to quit after the start of the third week of practice without a parental conference with the head coach, unless that athlete suffers from a serious injury or is seriously jeopardizing academic considerations. If a student quits a sport, the student may not participate in another sport for one year until the sport from which he/she quits begins again. The Athletic Department reserves the right to refuse participation in another sport, if the reason for quitting is deemed inappropriate. This decision will be made by the coach and athletic director (with input from the principal). Sports fees will not be refunded after the third week of practice.

**NOTE:** It is assumed that parents will instruct and prepare their children for a competitive program here at NCA. All students need to understand that they may not make a team, they may not make the starting team, they may not play at all in a game or they may not be “the star.” Success is not synonymous with playing time; success is contributing to the team or squad's benefit with the abilities God has given.

## **Detentions and Suspensions from School**

1. Students are not allowed to participate if during the current or previous quarter they have exceeded five unexcused absences from school, two suspensions or four after school detention halls.
2. Any participating athlete receiving a suspension will not be allowed to participate in any athletic activity on the days suspended and may not attend an athletic activity without administrative permission.
3. Any participating athlete receiving a suspension from school will not be allowed to participate in the next scheduled game.
4. Students receiving a one-day suspension from school between playing seasons will be ineligible to play in the first game in the next season.
5. A two-day suspension or a second one-day suspension will result in automatic loss of athletic participation for a probationary period to be determined by the athletic director and school principal.
6. Any participating athlete that receives his/her sixth (6<sup>th</sup>) detention will forfeit athletic participation.

## **Technical Fouls/Cautions/Ejections**

1. Any athlete receiving an unsportsmanlike conduct in football, a technical foul in basketball, a caution in volleyball (yellow card) or a verbal caution in softball will immediately be removed from the contest and will remain out of the contest for a period deemed necessary by the head coach. Any football, basketball, volleyball, or softball player receiving a caution or conduct technical in two consecutive contests will be removed for the remainder of that contest and be suspended from the next scheduled contest.
2. An athlete who is ejected for using personal abusive language, flagrantly or maliciously contacting another person, making obscene gestures to opponents or spectators, shall be ineligible for a minimum of the next contest to the maximum of one year depending on the seriousness of the violation. Any attempt to verbally abuse, make obscene gestures to, threaten or strike an official or member of opposing coaching staff, shall be considered a serious violation making the athlete ineligible for a minimum of the next two contests to the maximum of one year. Any action that warrants a maximum penalty will also require that the school be placed on immediate probation in that sport. The SECC Office will review any other action(s) that result in an ejection with the possibility of additional penalties.
3. Any athlete who leaves the bench area to become involved in a fracas will be disqualified from that game and will be subject to a minimum of a next game suspension depending on his or her involvement. A school whose athletes violate this bench policy will be subject to League discipline.
4. An athlete who is ejected for the second time in the same sport will have his or her athletic eligibility removed the remainder of the season. An athlete who has been ejected from three contests during a school year (all sports) shall become ineligible for the remainder of the school year. Game officials must report all player ejections so that the League Office can officially notify the school of each violation. When an athlete is ejected for the second time in the same sport, the school is required to immediately begin the above prescribed penalty.
5. If at the discretion of the school principal, the athletic director or the head coach, an athlete's play or attitude displays a direction which is contrary to the direction of the athletic program of NCA, he/she may be removed from a team or squad. A parent conference will precede this action.
6. Any behavior that results in athletic disciplinary action may also result in disciplinary action in the school. This could include a minimum of after school detention to a maximum of expulsion from Northside Christian Academy.

## **Practice**

1. Practices are important to each team's success and attendance will be required.
2. A player should not be absent from a practice (except in the case of illness) without prior permission from his/her coach.
3. Players will not be excused from practices or team responsibilities for outside jobs. Exceptions may be made in the case of dually-enrolled college students.
4. The individual coach will handle unexcused absences from a practice. Two unexcused absences may result in decreased playtime, suspension from games, or removal from the team.

5. A player who is assigned a detention hall must inform his coach of the date of detention and the reason.

### **Schedules**

1. At the beginning of each season, game schedules will be distributed to all players and posted on the school website. Schedules will also be posted in the monthly school newsletter. Changes may occur during the season that will affect the schedule, but these will be kept to a minimum. Updates will be sent home and posted on the web
2. Directions to all away games will be distributed to players and will be available in the school office.

### **Athletic Spectator Guidelines**

1. Please be respectful during prayer and the National Anthem.
2. Do not “boo” or make degrading remarks at any time.
3. Only those with official duties will be allowed in the players seating area/sideline. All others are asked to remain in the spectators’ area of the field or court.
4. Pick up and dispose of your own trash after games.
5. A modest and proper dress code should be adhered to at all athletic events. Extremes should be avoided. Student dress at athletic events should be consistent with school policy.
6. Please help in any way possible with cleanup after games/matches with trash, bleacher setup, etc. Your help is greatly needed and appreciated.
7. Always be courteous to the official and referees. Please do not approach an official before, during or after a game or match for any reason other than to welcome them or say “thank you” because you may be misunderstood.

### **Athletic Physicals**

1. Every athlete is required to have a FHSAA physical examination/parent consent form completed in the last 12 months and filed in the athletic office before he/she will be allowed to practice or participate in the athletic program of NCA.
2. A physical/parent consent form can be obtained through the school or athletic offices.
3. The physical form must be properly completed by a licensed doctor of medicine or a nurse practitioner in a written collaboration with a licensed medical doctor or a certified physician’s assistant in a written collaboration with a licensed medical doctor.
4. These physicals must be completed before the first practice.

5. Any athlete who has been restricted by a doctor from participation because of an illness or injury any time before or during the season must secure a doctor's release to be eligible to participate again on a team/squad at NCA.

### **Athletic Participation Fee**

A \$65 (\$150 for tackle football) participation fee per season will be charged to every athlete who participates on a team at NCA any time during the season. These fees will be billed through the school office. These fees include school insurance for that particular sport, travel costs, awards, etc..

### **Selection of Teams/Squads**

1. Teams (all levels)
  - a. Varsity and Junior Varsity teams are selected by the coaching staff at the beginning of each season for each sport.
  - b. After a set tryout period, a selection of players is made, and the Varsity/starting team is formed.
  - c. Players may be moved from the Junior Varsity to the Varsity team in the middle of the season. This decision will be based on ability and performance at practices, performance in games and cohesiveness of the starting team
2. General Policy: Deciding the Varsity or starting team is a critical part of athletics. Coaches will strive to make the best choices they can with the wisdom God has granted them. Teams will be announced either by personal letter or direct communication.
3. Commitment Policy: While realizing there are opportunities for participation in other activities such as work, we require that any athlete who is on an NCA team will make that team a priority. This includes practices and games.

“Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself.” Philippians 2:3

### **Awards**

1. Awards are used in NCA athletics for two general purposes:
  - a. Recognition of God-given ability and achievement
  - b. Motivation
2. Awards are issued for JV and Varsity sports at the end of each season.
3. Senior Athlete Awards are given to the one female and one male athlete who excel in athletics during their high school years at NCA. This is normally an athlete who participates in more than one sport. They have shown commitment to the teams they have played on and displayed qualities of leadership. Senior Athlete Awards are presented at the Senior Graduation ceremony.
4. Academic Athlete Awards go to the young men and young ladies who maintain at least a 3.5 GPA during the season. This is the only letter a Junior Varsity athlete may earn while playing sports. These awards will be presented during the sports banquets for each sport.

5. Most Christ-like Athlete Awards are the highest awards given in the NCA athletic department. This is presented to the young man and the young lady who best demonstrate the qualities of a true winner and godliness in their action and attitude while participating in the athletic program of NCA. The coaches and the athletic director decide this award with approval by the school principal. Christian Athlete Awards are presented for each sport during the sports banquets
6. The purchase of lettermen jackets is the sole responsibility of the individual athlete. Jackets may be purchased from Sporting Chance (964-7434). Letters and patches for a particular sport will be awarded after a varsity athlete has met one of the following requirements:
  - a. Sufficient playing time (to be determined by the coaching staff)
  - a. Recipient of an all-district selection while participating on an NCA varsity team/squad.
  - b. Service as a team manager, statistician or bookkeeper for at least two full seasons of a varsity sport.
  - c. Any additional letters awarded to participants may be at the discretion of the coach, to be approved by the Athletic Director.

**NOTE:** No letter may be received if a player quits, is dismissed from a team or squad, withdraws or is expelled from NCA.

### **Working Athletes**

Because of the demanding schedules of our athletic teams and the responsibility of each athlete to maintain high academic integrity, athletes are encouraged not to work during the season. Athletes will not be excused from practice due to outside work responsibilities.

### **Athletic Insurance**

Since the risk of injury increases dramatically for students participating in athletics, all students participating in the athletic program at NCA must be covered by health insurance. School insurance is provided to each student at NCA as part of his/her enrollment.

### **Summer Camps**

Athletes are strongly encouraged to develop their skills through summer programs and camps. Northside Christian Academy offers the following:

1. On campus – Specific sport camps
2. Off campus – “Team Camps”
3. Individual Position Camps

### **Donations**

Northside Christian Academy (NCA) encourages and appreciates all donations made to the Athletic Department. We will make every effort to apply donations to the area requested by the donor within reason and the philosophy of NCA. However, funds maybe used in other areas of need throughout the athletic department if deemed necessary by the administration.

**Northside Christian Academy**  
**Acknowledgment of Athletic Handbook**

Students Name: \_\_\_\_\_

**By signing below I am stating that I have read and understand the Northside Christian Academy Athletic Handbook and fully support the contents and policies therein. I will support Northside Christian Academy in providing a positive athletic experience consistent with biblical truth, using athletic involvement as a tool to teach lessons for life. I also give permission for images of my child(ren) to be used for promotional and advertising purposes by Northside Christian Academy.**

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent Signature**

\_\_\_\_\_  
**Date**

**By signing below I am stating that I have read and understand the Northside Christian Academy Athletic Handbook and will follow all the procedures and rules as long as I participate in the NCA athletic program. If a rule or policy is broken I understand the consequences.**

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**